
OFFICIAL SPEAKER PORTFOLIO



Dr. Marcy Carvalho

Author | Speaker | Stroke Survivor | Caregiver Advocate | Workforce Governance Executive

"Every Story Has the Power to Change a Life."

AHK

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ABOUT

Dr. Marcy Carvalho

"I survived a hemorrhagic stroke, became a caregiver, and discovered that our deepest struggles hold the power to transform lives."

Dr. Marcy Carvalho is a nationally recognized keynote speaker, author, hemorrhagic stroke survivor, caregiver advocate, and workforce governance executive. Her journey through life-altering adversity transformed her into a powerful voice for resilience, hope, and compassionate leadership.

As the founder of Mind and Motion Alliance, Dr. Marcy equips audiences with practical strategies for navigating crisis, preventing burnout, and leading with authenticity. With decades of experience in employment law, HR compliance, and executive leadership, she bridges the gap between corporate excellence and human compassion.

Her mission is clear: to inspire every audience to embrace their story, find strength in vulnerability, and create lasting impact in their communities and organizations.

KEY CREDENTIALS

- Hemorrhagic Stroke Survivor
- Founder, Mind and Motion Alliance
- Employment Law & Compliance Executive
- Published Author
- Caregiver Advocate
- Leadership & Governance Expert
- Faith-Centered Leader
- Keynote Speaker

OUR MISSION

*"Every Story Has the Power
to Change a Life."*

Dr. Marcy Carvalho inspires audiences to transform adversity into purpose through authentic storytelling, compassionate leadership, and unwavering hope. As a hemorrhagic stroke survivor, caregiver advocate, nonprofit founder, workforce governance executive, author, and woman of faith, she brings a rare combination of lived experience and professional expertise to every stage.

Her message is simple yet profound: no matter what you have faced, your story matters, and it has the power to heal, inspire, and transform the lives of others.

SIGNATURE KEYNOTES

Who Holds the Strong Ones?

The hidden cost of carrying everyone else. For those who give endlessly but rarely receive support.

IDEAL FOR: Healthcare | HR | Women's Events

45-60 min

When Life Changes in a Moment

Finding hope, purpose, and resilience after life-altering crisis. A story of survival and transformation.

IDEAL FOR: All Audiences | Healthcare | Faith

45-60 min

The Burnout Nobody Talks About

Recognizing burnout before it becomes catastrophic. Practical strategies for sustainable leadership.

IDEAL FOR: Corporate | HR | Healthcare

45-60 min

Leading Through Crisis

How to lead with clarity, compassion, and courage when everything is uncertain.

IDEAL FOR: Executive | Corporate | Government

45-60 min

The Caregiver Nobody Sees

Supporting those who support everyone else. Advocacy, awareness, and actionable compassion.

IDEAL FOR: Healthcare | Nonprofits | Faith

45-60 min

Every Story Has the Power to Change a Life

Embracing vulnerability as strength. Turning adversity into lasting community impact.

IDEAL FOR: All Audiences | Keynote Closer

45-60 min



IGNITING PURPOSE. TRANSFORMING LIVES

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